



# SEPTEMBER 2019

## USD 113 Prairie Hills

Lunch Prices:

K - 5 = \$2.75

8 - 12 = \$2.95

Adult = \$3.80

Reduced = \$.40

### Monday

2

No School  
Happy Labor Day!

### Tuesday

3

"Fried" Chicken  
Mashed Potatoes & Gravy  
Green Beans  
Fruit Cocktail  
WG Roll

### Wednesday

4

Chicken Strips &  
WG Funnel Cake  
Cinnamon Sugar Waffle Fries  
Apple Smiles  
V Blend Juice

### Thursday

5

Stromboli Squares  
Baked Beans  
Ranch Broccoli Salad  
Sliced Pears  
Sherbet

### Friday

6

Chicken Alfredo  
Spinach Garden Salad  
Peas  
Grapes  
WG Breadstick

9  
Grilled Chicken Patty  
On a WG Bun  
Puzzle Tots  
Baked Beans  
Watermelon

10  
Beef & Noodles  
Mashed Potatoes  
Corn  
Peaches

11  
Italian Dunkers  
Carrot & Celery Crunchers  
Green Beans  
Rosy Applesauce  
Rice Krispie Treat

12  
Korean BBQ Chicken  
WG Egg Roll  
Fried Rice  
Steamed Broccoli  
Oranges & Bananas  
Fortune Cookie

13  
Homemade Lasagna  
Spinach Garden Salad  
Peas  
Grapes  
WG Breadstick

16  
Pulled Pork Totchos  
Tricolor Pepper Strips  
Apple Smiles  
V Blend Juice  
WG Cinnamon Roll

17  
Turkey Tender  
Mashed Potatoes & Gravy  
Peas  
Fruit Cocktail  
WG Roll

18  
Taco Salad w/Salsa  
Refried Beans  
Corn  
Pineapple  
WG Bunny Grahams

19  
Pig in a Blanket  
Dynamic Duo Fries  
Spinach Garden Salad  
Cucumber Slices  
Fresh Pear Wedges

20  
Creamy Classic Mac  
& BBQ Meatballs  
Steamed Broccoli  
Carrot & Celery Crunchers  
Calico Fruit Salad  
WG Breadstick

23  
Ranch Beef Wrap w/  
Lettuce & Tomato  
Puzzle Tots  
Carrots & Cucumbers  
Apple Smiles

24  
Chicken & Noodles  
Mashed Potatoes  
Corn  
Peaches  
WG Roll

25  
Pancake on a Stick  
Tri Tater  
Mighty Mini Trees  
V Blend Juice  
Rosy Applesauce

26  
Nachos Supreme  
Spanish Rice  
Refried Beans  
Tricolor Pepper Strips  
Mandarin Oranges

27  
Chicketti  
Spinach Garden Salad  
Green Beans  
Grapes  
WG Oatmeal Cookie

30  
Hamburger on WG Bun  
Campfire Potato Wedges  
Baked Beans  
Fresh Pear Wedges

Skim & 1% White Milk and Nonfat Chocolate Milk are offered with each meal. Menus are subject to change without notice.

This institution is an equal opportunity provider.

For the most up-to-date menu information, follow us on Instagram @usd113schoolfood; Facebook - Prairie Hills USD 113 Food Program;

Twitter @113SchoolLunch

