

UNIFIED SCHOOL DISTRICT NO. 113
Board of Education office
1619 South Old HWY 75
Sabetha Kansas 66534

Preparing Kids, Shaping the Future

Mintues - Special BOE Meeting, Monday, July 27, 2020 6:00 PM
Held at Sabetha Middle School Media Center, 751 Bluejay Blvd., Sabetha, KS

Board President Ed Reznicek called the meeting to order at 6:00 p.m. Board members present were Kathy Lippert, Ann Shaughnessy, Dr. Jeff DeMint, Jim Scoby, Leslie Scoby, and Kent Saylor. Also present were Superintendent Todd Evans, Board Clerk Deb Damman, and other as listed on the attached sheet which becomes part of these minutes. Mr. Reznicek welcomed the public in the room as well as those attending by YouTube.

Mr. Reznicek shared that the Nemaha County Commissioners ordered that all schools in Nemaha County adopt and utilize the guidelines set forth in the Operations section of KSDE's Navigating Change document, and that no school shall be required to meet the requirements of Executive Order No. 20-59. The Nemaha County Board of County Commissioners Public Health Order is attached and becomes part of these minutes.

Jane Sunderland, Nemaha County Health Officer, shared current Nemaha County COVID-19 statistics with the Board.

A letter to the School Board Members and Public School Administrators with recommendations from 8 practicing physicians in Nemaha County was presented. Dr. Chris Tramp, M.D, was present to provide information and answer questions regarding the letter and general COVID-19 information. The Physicians' letter to the Board is attached and becomes a part of these minutes.

Mr. Evans presented the USD 113 Prairie Hills Return-to-School Plan and went over the changes that had been made since the last meeting. The Board suggested a few additional modifications.

Motion was made by Kathy Lippert, seconded by Kent Saylor, to adopt the Return-to-School Plan including the modifications discussed. Motion carried 7-0. The USD Return to School Plan is attached and becomes part of these minutes.

Mr. Evans presented an updated version of the Code No. 99 Notice of Hearing 2020-2021 Budget sheet. Motion was made by Leslie Scoby, seconded by Kent Saylor, to approve the Code 99 for publication. Motion carried 6-1, with Jim Scoby opposed.

At 7:05 p.m., Kathy Lippert made a motion to adjourn. The motion was seconded by Ann Shaughnessy. Motion carried 7-0.

Board President

Board Clerk

**NEMAHA COUNTY BOARD OF COUNTY COMMISSIONERS
PUBLIC HEALTH ORDER**

WHEREAS, on the 27th day of July, 2020, the Board of County Commissioners of Nemaha County, Kansas, considers Executive Order No. 20-59 issued by Kansas Governor Laura Kelly.

WHEREAS, the Board of County Commissioners finds that a disaster has occurred, or the threat of thereof is imminent within Nemaha County, Kansas, as a result of the Coronavirus pandemic (COVID-19) and the confirmed outbreak and person-to-person spread of COVID-19 in the United States of America, the State of Kansas, and Nemaha County.

WHEREAS, as a result of the Coronavirus pandemic, Kansas Governor Laura Kelly has issued Executive Order No. 20-59 which includes mitigation procedures schools must follow including orders mandating the wearing of face masks, social distancing, the use of hand sanitizer, and the taking of temperatures before entering buildings.

WHEREAS, the Board of County Commissioners have consulted with the Nemaha County Local Health Officer regarding Executive Order No. 20-59.

WHEREAS, the Nemaha County Local Health Officer strongly recommends that schools adopt and utilize, at a minimum, the guidelines set forth in the "Operations" section of "Navigating Change – Kansas' Guide to Learning and School Safety Operations."

WHEREAS, all eight physicians in Nemaha County also recommend that schools adopt and utilize, at a minimum, the guidelines set forth in the "Operations" section of "Navigating Change – Kansas' Guide to Learning and School Safety Operations."

WHEREAS, the Kansas State Board of Education unanimously voted to approve the guidelines set forth in "Navigating Change – Kansas' Guide to Learning and School Safety Operations."

WHEREAS, pursuant to K.S.A. 48-925(h), the Board of County Commissioners may issue an order relating to public health that includes provisions that are less stringent than the provisions of an executive order issued by the Governor.

WHEREAS, having consulted with the Nemaha County Local Health Officer, implementation of the full scope of the provisions in Executive Order No. 20-59 is not necessary to protect the public health and safety of students, teachers, and others in Nemaha County.

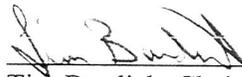
WHEREAS, it is necessary and appropriate to issue an order relating to public health that includes provisions that are less stringent than those included in Executive Order No. 20-59.

NOW, THEREFORE, BE IT ORDERED by the Board of County Commissioners of Nemaha County, Kansas, pursuant to K.S.A. 48-925(h), that:

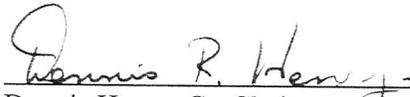
1. It is ordered that all schools in Nemaha County adopt and utilize, at a minimum, the guidelines set forth in the "Operations" section of "Navigating Change – Kansas' Guide to Learning and School Safety Operations."
2. No school shall be required to abide the requirements set forth Governor Laura Kelly's Executive Order No. 20-59, which shall have no force and effect in Nemaha County.

ORDERED BY THE BOARD OF COUNTY COMMISSIONERS OF NEMAHA COUNTY, KANSAS, THIS 27TH DAY OF JULY, 2020.

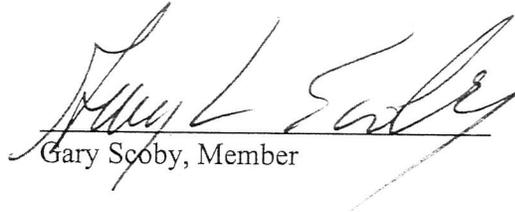
**Board of County Commissioners
of Nemaha County, Kansas**



Tim Burdick, Chairman

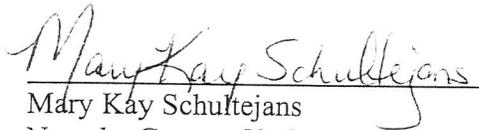


Dennis Henry, Co-Chairman



Gary Scoby, Member

Attested by:



Mary Kay Schulte
Nemaha County Clerk



July 27, 2020

Public School Board Members of Nemaha County
Public School Administrators of Nemaha County
Unified School Districts 113, 115, 380

RE: Return to School Guidelines

Dear School Board Members and Unified School District Administrators,

The eight practicing physicians of Nemaha County stand united in the following comments and recommendations.

COVID-19 infections continue to surge in the state of Kansas and pose a formidable threat to the health of the public. As we make preparations for a successful return to school our students, families, teachers and administrators are in need of sound public health guidance and recommendations for mitigating the spread of COVID-19.

It is generally agreed upon that the physical presence of students and teachers in school is the optimal mode of delivery of quality education. However, it is widely accepted amongst medical professionals and public health officials that close contact involving large crowds within closed spaces is high risk activity for clustering and viral outbreak. Therefore, the physical presence of students and teachers in school will promote this clustering and outbreak potential and will inherently increase the risk of uncontrolled spread of COVID-19 and other communicable diseases.

The Governor of the State of Kansas in cooperation with the Kansas Department of Health and Environment, the Kansas State Department of Education and the American Academy of Pediatrics have each issued detailed operational guidelines for the use of masks, regular temperature checks, frequent hand sanitation, and other social distancing measures during school sessions. We agree that these practices are the most reliable measures for control of COVID-19 and other communicable diseases.

We recognize the potential grievances and discomfort that these major social and personal changes will require of the public, including our children. We also recognize that mask wearing, particularly in young children could pose a potential for mild communication difficulties, social hinderances and mask compliance issues. However, we unanimously and emphatically agree that the value of universal mask wearing for disease control in congregate settings far outweighs any potential minor hardships. Furthermore, proper mask wearing does not pose any significant health risks to individuals, except in extreme and rare instances. Furthermore, it should be stated that proper masking is a cornerstone public health measure that has been proven time and again to significantly prevent and reduce the spread of communicable airborne illness, such as COVID-19.

We recognize that the rural location and relatively sparse population of our county is an asset at this time, but also caution you that to date we have identified many COVID infections and we expect many more to come throughout the following months. The health and safety of our children is paramount and we are fortunate that severe disease from COVID-19 is rare in children. However, this county has a large subpopulation of high risk individuals, including many teachers, school employees, and family members of students. Children can certainly be vectors of this disease.

Additionally, it is fact, as evidenced by yearly history, that many common communicable diseases spread rapidly and thoroughly through the school aged population when school activities are in session. In this particular school year, any person with symptoms of an infectious disease will be precluded from school attendance until the proper isolation and quarantine guidelines and desirable testing recommendations are followed. Those isolation and quarantine guidelines may require days, if not weeks, of school absenteeism, not only for the infected student, teacher, or staff member but possibly also for the household contacts of that person.

In all due consideration, the unmitigated spread of infectious diseases, especially COVID-19, will severely impact the ability for schools to remain operational and effective at delivering quality education to the students of this county.

Therefore, it is the unanimous opinion of the eight practicing physicians of Nemaha County and the Nemaha County public health officer that the school districts of Nemaha County abide in full compliance with the guidelines put forth by the bodies of expertise as listed above. Furthermore, we recommend that each school district work within their means to adopt the custom procedures and detailed operational processes to ensure compliance in a reliable and meaningful way and to include local health authorities for guidance and practical input in this regard.

Thank you for your dedication to our children and families.

Sincerely,

Dr. Tony Bartkoski
Dr. Kevin Kennally
Dr. James Longabaugh
Dr. Heather Myers
Dr. Jarod Snyder
Dr. Angela Stueve
Dr. Chris Tramp
Dr. Gregg Wenger
Jane Sunderland, RN

USD 113 Return-to-School Plan

Guidelines for USD 113 Schools

USD 113, in consultation with local health officials, has developed this plan to support school buildings and the community during the reopening process. USD 113's Return-to-School Plan provides a tiered approach with clear, actionable steps that are advisable before students and employees return-to-school buildings.

This approach is built upon guidance and recommendations of local and state health officials; is aligned to the reopening guidelines that have been provided by our state and federal leaders; and it is designed to prioritize the health and safety of students and staff as we open school buildings and deliver instruction for the 2020-2021 school year.

USD 113's Return-to-School Plan focuses heavily on the health and physical requirements necessary for reopening school buildings. USD 113 will continue to provide support to school buildings on navigating the academic, social, and emotional effects of the COVID-19 pandemic on students and employees.

- **Parent Choice to Start the School Year:** The Prairie Hills School district is offering a choice to parents that are not comfortable sending their student to school for in-person learning this fall. Parents may choose a remote learning option for their student to begin the school year. Parents who choose the remote learning option will have additional requirements for logging instructional time, submitting assignments, and ensuring student engagement. (See Parent Choice Learning Environment pg. 4)

USD 113's Return-to-School Plan provides the expectations and best practices to ensure a safe and successful 2020-2021 school year. USD 113 school buildings will follow these expectations. Individual school buildings have the authority and flexibility to meet their individual needs and be responsive to their stakeholders only with approval of the USD 113 district administration. Reopening details not found in the USD 113 Return-to-School plan may be located in the [KSDE Navigating Change Operations Guidelines](#).

Guidance from the CDC and Local Health Officials change as circumstances change. This document has been developed using current circumstances and guidelines with the intent to minimize the spread of COVID-19 through our county and individual schools. Should the circumstances change, this document and its guidelines are open to change to adapt to the most current recommendations.

USD 113 Return-to-School Plan – Instructional Delivery Options

As long as we are allowed by our local health department and the state of Kansas we will provide on-site learning. Throughout the year, there could be multiple learning environments based on the current phase the county is in, or the local needs of our students, buildings, and district. The district or building's learning environment status will be determined by the USD 113 Board of Education, administration, and/or local health officials.

Through it all, our task is to find a solution for the question: How do we ensure each student is learning and being supported regardless of the learning environment?

<p>Level of Community Spread (as determined by state and local health officials)</p>	<p>Low Community Transmission</p>	<p>Moderate Community Transmission</p>	<p>High Community Transmission</p>	<p>All Levels of Community Transmission</p>
<p>Learning Environments (as determined by USD 113 administration)</p>	<p>On-Site Learning Environment</p>	<p>On-Site Learning Environment</p>	<p>Hybrid Learning Environment (see pg. 3)</p>	<p>Parent Choice Remote Learning Environment (see page 4)</p>
<p>Response (as determined by USD 113 in partnership with local departments of public health and community stakeholders)</p>	<p>School Buildings Open <i>Preventative practices and additional proactive processes/protocols will be implemented. Protocols will be in place to minimize the risk of transmission of the virus.</i></p>	<p>School Buildings Open <i>Implement more intensive mitigation strategies; encourage/ enhance physical distancing.</i></p> <p>Possible Targeted Closure <i>If positive cases are found in specific classrooms, grade levels or buildings.</i></p>	<p>Limited/ Staggered Use of School Buildings Students could be spending part of their time in the classroom & part of their time in remote learning from home.</p> <p>Possible Targeted Closure <i>If positive cases are found in specific classrooms, grade levels or buildings.</i></p>	<p>Short-term Remote Learning <i>Close building(s) to students and patrons for wide-deep cleaning minimum of 2-5 days.</i></p> <p style="text-align: center;">OR</p> <p>Extended Remote Learning <i>Close building(s) to students and patrons for wide deep cleaning (at least 10-14 days)</i></p> <p>See following table for details and requirements for Parent Choice Remote Learning</p>

2020-21 Learning Environments

On-site Learning Environment

Students will attend in-person classes with health and safety guidelines in place to help minimize the transmission of the COVID-19 virus. Administration will determine the preventative practices and additional proactive processes/protocols that will be put in place based on recommendations from KSDE and local health guidelines. Classrooms will be set up in a blended format to support potential building closure and extended student absences. Students should remain with the same cohort group as much as possible depending on the grade level.

We recognize that a student may be an on-site student; however, he or she may need to be gone for a short or long-term period (2-14 days) due to sickness and/or quarantine. Please note the following regarding these absences:

- A student will be counted as an excused absence as long as the necessary documentation is provided to the school.
- The class assignments/materials/lectures/instructional videos will be accessible through Seesaw (PK-3), Google Classroom (4-12). If a grade level or hard copies. In order for the student to maintain learning during this period, assigned work through the absence should be completed at home to the extent possible.
- Students required to miss school because of possible exposure but well enough to work on school work from home should plan to do so. These students may have the opportunity to join the on-site classroom through Zoom or another tool to engage in the lesson with their peers and their teacher at the designated times during the school-day.
- Absent students and parents will not be required to complete the sign-off document as required for parent-choice remote learners unless a pattern of extended excuses emerge.

Hybrid Learning Environment

If there becomes a need to reduce the number of students physically attending school at the same time, the district may implement a hybrid learning model. A hybrid model will only be implemented if determined necessary and after reviewing logistical concerns. This would be done in consultation with the county health department and guidance from KDHE. In this instance, students will still be educated in the school building, but the amount of time in the school will be reduced and elements of remote learning will be implemented along with on-site learning.

Some possible examples of hybrid learning include:

- Alternating Days: students would be divided into 2 groups. Groups would alternate face-to-face and virtual instruction during the week. One example: Group A would attend Monday and Tuesday and work remotely the remainder of the week. Group B would attend Thursday and Friday and work remotely the other days of the week. Wednesday would be a remote day for most employees so buildings could be cleaned during the week between groups.
- Alternating Weeks: Group A Students – Week 1 and Group B Students Week 2; using certification flexibility to relocate teachers as needed and allowable
- **Specific Group Remote Learning** Elementary face-to-face with secondary remote learning; Prioritize 6-12 or 9-12 for remote learning while other students have access to face-to-face instruction spread out across unused schools and classrooms; using certification flexibility to relocate teachers as needed and allowable

(Please note: No final decision has been made regarding the specific format of the hybrid model. Each building will be working on potential hybrid scenarios to meet the unique needs of their building and community.)

**Low
/Moderate
Community
Transmission**

**On-Site
Learning
Environment**

**Moderate
Community
Transmission**

**On-Site
Environment
Or
Hybrid
Environment**

<p>High Community Transmission Remote Learning Environment</p>	<p>Remote Learning Environment</p> <p>If schools should be closed by state or local officials due to COVID-19 we will transition to a remote learning environment. In this environment students would be completing learning activities from home.</p> <ul style="list-style-type: none"> • If this model is utilized students will be engaged in school during regular school hours and follow a standard school schedule as much as possible. • Online and packet learning may be available for students depending on grade level. • Both synchronous (real time) and asynchronous (independent videos, etc.) learning will occur. • Remote learners will be required to participate in the state required number of hours per day, log the activities, and complete the assigned work. Parent/Guardians must sign-off on logged activities to confirm accuracy daily. Students will submit the daily log via an electronic platform. (Appendix A - Sample Daily Log) • Daily contact with teachers via Zoom or phone conversations will be required. • Individual or small group instruction may occur on campus or remotely as appropriate and allowable during the remote learning model.
<p>Parent Choice Remote Learning Environment</p>	<p>Parent Choice Remote Learning Environment</p> <p>USD 113 is offering a choice to parents that are not comfortable sending their student to school for on-site learning because of health and safety concerns. Parents who choose the remote learning option will need to adhere to the following:</p> <ul style="list-style-type: none"> • Remote learners may sometimes be required to join the on-site classroom through Zoom or another tool to engage in the lesson with their peers and their teacher at the designated times during the school-day. Failure of the student to participate in these designated sessions during the school day may result in the student being deemed as truant. • Remote learners will be assessed on the same standards and competencies as the on-site students. • Remote learners will be required to participate in the state required number of hours per day, log the activities, and complete the assigned work. Parent/Guardians must sign-off on logged activities to confirm accuracy daily. Students will submit the daily log via an electronic platform. (Appendix A - Sample Daily Log) • Failure to complete the required hours and submit documentation will result in a compulsory attendance violation and could lead to a truancy referral. • A student may transition to the on-site or hybrid models (dependent upon what level the district is currently experiencing) by notifying the building administrator. • Students choosing to utilize the remote learning parent choice option are not eligible to participate in any extracurricular activities.

BEST PRACTICES FOR SAFETY & LEARNING

USD 113 schools are an essential part of each community and have a significant impact on the health and wellbeing not only of the students, but also school staff members, parents, and the broader community. Our commitment throughout this pandemic is to optimize education, promote health and safety and mitigate risk for everyone who is part of the school community. As new information regarding COVID-19 evolves, recommendations from national, state, and local agencies will inform our practices. Based on current recommendations these are the guidelines that USD 113 will follow as we start the school year. At all times, we seek to answer the following question: How do we keep students, educators, and community members as safe as possible?

Health Considerations



Screening for Symptoms:

Adults entering the building will be screened upon entry. Including temperature checks. A person exhibiting a temperature of 100.4 or above or experiencing any two of the following symptoms are required to leave immediately.

- Fever (According to the American Academy of Pediatrics, a fever is 100.4 F or greater.)
- Chills
- Rigors
- Muscles or body aches
- Fatigue
- Headache
- Sore throat
- Lower respiratory illness (cough, shortness of breath or difficulty breathing)
- New loss of taste or smell
- Diarrhea

(See USD 113 Exposure Guidelines for more information in Appendix D)



Masks:

All staff and those students identified as middle school or above (5th/6th- 12th) are required to wear a mask. (Exemptions will be considered on a case by case basis following the guidelines found in the [KSDE Navigating Change document](#).)

USD 113 will provide each student and staff member with reusable/disposable masks. Personally supplied masks may be worn if preferred



Handwashing:

Hand hygiene stations will be located at entrances of the building and all staff, students and visitors will be asked to wash their hands or utilize hand sanitizer when entering the building.

- Students will be reminded to wash hands or utilize hand sanitizer at least once every hour.
- Good hygiene measures such as handwashing, covering coughs, and proper use of face covering will be taught.



Cleaning:

- Frequently touched spaces (playground equipment, door handles, sinks, hand railings, etc.) will be cleaned and disinfected at least daily or as much as possible between use.
- Disinfectant and related supplies will be available to all employees close to their work area.
- Everyone has a vested interest in keeping school facilities clean. Students, in conjunction with teachers and staff, will be expected to help clean and wipe down high traffic areas. The specific student expectations will consider age and individual abilities. Appropriate training will occur for students to help with cleaning.



Water:

We are asking students and staff members to please come to school and work with a water bottle, if possible. Students and staff members can fill from one of our water fill stations instead of using the water fountain.

Classrooms



Physical Distancing:

We will take steps to promote physical distancing. This could look different at each school, due to enrollment and space limitations.

- Staggering the use of common spaces, including the cafeteria, playground and other areas.
- Rearranging/removing unnecessary furniture and equipment to allow students to move farther apart.
- Adjusting recess and lunch schedules to allow for more cleaning/disinfection and physical distancing.
- Modifying passing periods and allowing students to carry backpacks to eliminate the need to return to lockers.
- Changing arrival and dismissal procedures.
- During times of moderate community transmission staff travel should be limited or staggered between buildings if possible.



Sharing Supplies:

We will reduce sharing of school supplies, and we will sanitize the supplies we must share. Each student should have their own school supplies for their own personal use.

Birthdays/Treats/Snack Sharing:

Only prepackaged snacks may be brought to share among students for birthdays, or other special occasions.



Group Stability:

- Establish stable groups when possible and reduce transitions as much as possible. (Middle/high school may be part of multiple stable groups.)
- Limit mixing of groups.
- When possible students should stay in their locations and staff can rotate in and out of classes.

Transportation



Transportation:

We will not be able to provide physical distancing on the buses, but we will take as many precautions as possible including the following measures:

- Masks are highly recommend for bus drivers. Students in grades 5th/6th-12th will be required to wear masks aligning with the expectations of these grade levels while in school.
- Drivers will be pre-screened for COVID-19 symptoms prior to each route.
- Hand sanitizer will be provided to students prior to boarding the bus.
- High-touch areas including the door entrance railings, seats, etc. will be cleaned at a minimum between bus routes.
- Assigned seats will be utilized with students from the same family and/or cohort groups sitting together when possible.
- Preference will be given to fill the bus from back to front and unload from front to back to avoid students walking past each other.
- Students will be spaced out if possible when the bus is not full.
- When possible windows will be open to improve circulation and buses will be aired out when not in use.
- We will limit additional bus riders to only regular riders on routes and only participants for activities.
- Bus drivers will take attendance to provide information for possible contact tracing.

Food Service



Food Service:

The Nutrition Services staff is keeping up with the latest federal, state and local guidelines for preparing and serving meals. They will serve students instead of having self-serve options. The only things students will serve themselves are packaged foods.

- Students will be required to use hand sanitizer and/or wash their hands before entering the cafeteria
- Students will be encouraged to maintain six foot physical distancing when possible.
- Sneeze guards will be installed at serving areas.
- Single serve condiments will be utilized
- Lunch times may be extended to allow for smaller groups of students in the cafeteria areas or some students may eat in classrooms.
- Tables will be sanitized between each serving group.

Facilities



Facilities:

As a safety precaution, we are not yet opening our indoor facilities for use by outside groups. We will reevaluate this decision as public health guidelines evolve.

- Students travel between school locations will be limited.
- Locker room usage will be limited.



Visitors:

During this time, we are limiting visitors in the building to only people who are there to work, like substitute teachers, repair workers, and adult volunteers.

- Parents are not to enter the building to drop-off or pick up students.
- If you need to bring something to the school, an area will be designated for drop. Contact the office to learn about their protocol.
- We will also work with families when we need to have meetings for students' individual education programs (IEPs), 504 plans and individual health plans. If you need to drop off medication, please make an appointment with the nurse/office before coming to the school.



Signage:

Signage will be posted in classrooms, bathrooms, hallways, and entrances to communicate how to stop the spread, COVID-19 symptoms, preventative measures (including staying home when sick), good hygiene, and school/district specific protocols.

- Physical distancing markers will be utilized to remind students and staff of proper physical distancing.

Extra-Curricular Activities, Athletics and Clubs



Extra-Curricular Activities, Athletics and Clubs:

We will continue offering extra-curricular activities, including athletics and clubs, taking as many safety precautions as possible. We will follow guidelines from KSHSAA regarding safety considerations such as PPE, physical distancing, etc.

- Students will wash hands and/or use hand sanitizer upon arrival and frequently during play /practice, and after activities.
- Students and coaches will wear face masks, coverings and/or face shields when appropriate.
- Alternatives to high fives and celebrations that increase contact will be encouraged.
- Highly touched surfaces will be cleaned/disinfected regularly.
- Students and coaches will be provided with hand sanitizer, tissues, gloves, face coverings, etc. as appropriate.
- Established protocols for the school day should be followed as much as possible during extracurricular activities including physical distancing.



Performing Arts/Band:

- Students will be assigned seats
- Six foot or more physical distancing will be encouraged
- Face masks are encouraged when possible

Other



Student Training:

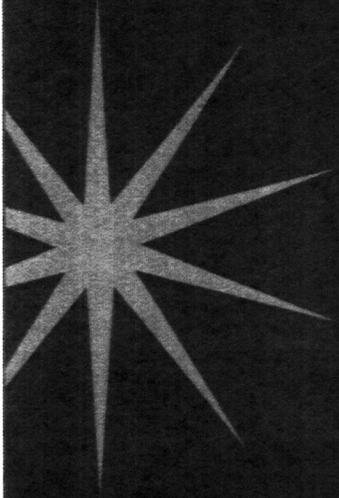
We will help students understand how school will look different during this pandemic, teaching them about health and safety. This will include information from public health officials about handwashing, physical distancing, covering coughs, staying home, wearing face masks and avoiding face-touching.



Attendance:

If you select Remote Learning for your child, this will not count as an absence as long as the appropriate documentation is completed (See Appendix A). If you select the in-person option but your child must quarantine for 10-14 days, these will be excused absences. If you have any questions about attendance, please contact your child's school so we can work with you.

NAVIGATING CHANGE:
KANSAS' GUIDE TO LEARNING AND SCHOOL SAFETY OPERATIONS



Appendix



COVID-19

SYMPTOMS	COVID-19*	COLD	FLU	ALLERGIES
Fever	Common (measured at 100 F or higher)	Rare	High (100-102 F), can last 3-4 days	No
Headache	Sometimes	Rare	Intense	Sometimes
General aches, pains	Sometimes	Slight	Common, often severe	No
Fatigue, weakness	Sometimes	Slight	Common, often severe	Sometimes
Extreme exhaustion	Sometimes (progresses slowly)	Never	Common (starts early)	No
Stuffy nose	Rare	Common	Sometimes	Common
Sneezing	Rare	Common	Sometimes	Common
Sore throat	Rare	Common	Common	No
Cough	Common	Mild to moderate	Common, can become severe	Sometimes
Shortness of breath	In more serious infections	Rare	Rare	Common
Runny nose	Rare	Common	Sometimes	Common
Diarrhea	Sometimes	No	Sometimes**	No

SCHOOL AND SAFETY OPERATIONS

For more information: www.kdheks.gov/coronavirus

*Information is still evolving
**Sometimes for children

Sources:

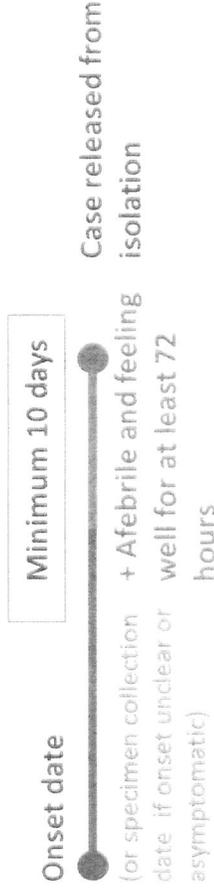


*Adapted from TN Dept of Health

RELEASING CASES AND CONTACTS FROM ISOLATION AND QUARANTINE

CASES

Must be isolated for a minimum of 10 days after onset and can be released after afebrile and feeling well (without fever-reducing medication) for at least 72 hours, whichever is longer.



Note: Lingering cough should not prevent a case from being released from isolation.

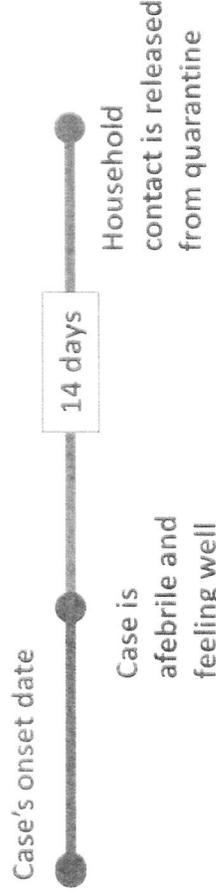
Examples:

- A case that is well on day 2, and afebrile and feeling well for 72 hours, can be released from isolation on day 10.
- A case that is well on day 6, and afebrile and feeling well for 72 hours, can be released from isolation on day 10.
- A case that is well on day 14, and afebrile and feeling well for 72 hours, can be released from isolation on day 17.

HOUSEHOLD CONTACTS

Must be quarantined for 14 days after the case has been afebrile and feeling well (because exposure is considered ongoing within the house).

If a household contact develops symptoms, they should be tested.



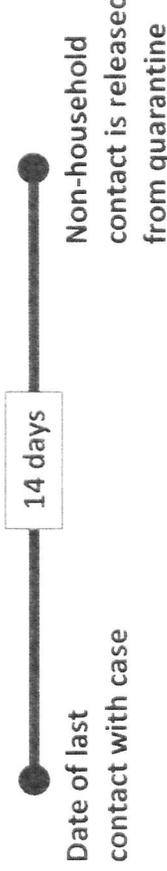
This means that household contacts may need to remain at home longer than the initial case.

Examples:

- A case is well 3 days after onset, case released from isolation on day 10, household contact must remain quarantined until day 24.
- A case is well 7 days after onset, case released from isolation on day 10, household contact must remain quarantined until day 24.
- A case is well 14 days after onset, case released from isolation on day 17, household contact must be quarantined until day 31.

NON-HOUSEHOLD CONTACTS

Must be quarantined for 14 days from the date of last contact with the case.



5/27/20

USD 113 Prairie Hills

COVID-19 Exposure Guidelines

COVID-19 Symptoms

- Fever of 100.4 (F) or higher
- Chills
- Rigors
- Muscle pain or aches
- Fatigue
- Headache
- Sore throat
- Cough, shortness of breath or difficulty breathing
- Loss of taste or smell
- Diarrhea

14 Day Home Quarantine Guidelines

- Do not leave your home unless to satisfy critical needs.
- Do not attend any settings where you are unable to maintain a 6-foot distance from other people.
- You may not have visitors at your home unless authorized by the health department.

What is close contact?

Close contacts are people who have been within 6 feet of you for a period of 10 minutes or more.

1 I am having COVID-19 symptoms

Parents/Students should contact the school nurse, or administrator. Staff contact their supervisor.

Also contact the County Health Department

Nemaha - 785-284-2152
Marshall - 785-562-3485

If directed by county health take a COVID-19 test. Follow the instructions below while awaiting results.

- Self-isolate to your home.
- If you live with others, self-isolate in a private room and use a private bathroom if possible.
- Make a list of close contacts you have had from two days before you became sick until you isolated.
- Wear a mask when you enter general living areas. Interact with others as little as possible.
- If you develop additional symptoms or if your symptoms get worse, notify your healthcare provider for instructions.

2 I have received a positive COVID-19 test

Parents/Students should contact their school nurse, employees should contact their supervisor.

★ School personnel will notify close contacts at school.

Notify your close contacts and let them know they should quarantine at home for 14 days. This includes your family.

Self-isolate in your home until the following conditions are met:

- 10 days from the beginning of symptoms or 72 hours after fever is gone without the use of fever reducing medicine and other symptoms have significantly improved **WHICHEVER IS LONGER.**
- If your symptoms get worse or if you require hospitalization, notify your healthcare provider immediately and follow instructions about wearing a mask when you arrive at the facility.
- If you do not need hospitalization, continue to self-isolate at home.

3 I have been in close contact with a confirmed COVID-19 patient

Parents/Students should contact the school nurse, or administrator. Staff contact their supervisor.

Quarantine for 14 days and monitor your health.

4 I have been exposed to a person with COVID-19 symptoms

If you have no symptoms, no additional action is required. Continue to monitor your health.

5 I have been exposed to a person who was exposed to a confirmed COVID-19 patient

If you have no symptoms, no additional action is required. Continue to monitor your health.

6 I have traveled to an area with high COVID-19 cases

Parents/Students should contact the school nurse, or administrator. Staff contact their supervisor.

Quarantine for 14 days and monitor your health.

7 I have been exposed to a person who traveled to an area with high COVID-19 cases

If you have no symptoms, no additional action is required. Continue to monitor your health.

USD 113 will work with our local health department if we have a confirmation that a person infected with COVID-19 was in a school building. The school and/or areas in the school may be closed for a period of time. In the event of a school building closure all school activities will be cancelled or rescheduled even if they were to be held off-site.